

**TRAINING PARTNER SIGNUP FORM**  
**Coach Ron Gunn's Hiking & Fitness Training Program**

[PRINT, HAND FILL AND MAIL THIS FORM]

NAME (on photo ID): \_\_\_\_\_ HOME PH: \_\_\_\_\_  
NAME (preferred ): \_\_\_\_\_ CELL PH: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_ FAX NO.: \_\_\_\_\_  
CITY/ST/ZIP: \_\_\_\_\_  
EMAIL: \_\_\_\_\_

**COMMENTS, INTERESTS, ATHLETIC BACKGROUND , REFERRED BY & PERSONAL GOALS**

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NOTE: PLEASE PROVIDE ALL THE INFORMATION ABOVE FOR EACH PERSON – USE ADDITIONAL FORMS

**CHECK ALL THAT APPLY:**

- I do not have email access, please keep me informed via: \_\_\_ MAIL \_\_\_ FAX
- I'm *Fired Up* for the training hikes only, enclosed is my check for \$ \_\_\_\_\_ for \_\_\_\_\_ person(s) at \$100.00 each for the \_\_\_\_\_ training year. Your coaching, web site access, the marked and monitored courses and other training privledges extend to year's end.. Training Partners along with trip veterans have first option to signup on new trips.

**CHECKS PAYABLE TO: CAIRN STONE ADVENTURE TOURS**  
**MAIL TO: COACH RON GUNN, 142 CONIFER TRAIL, DOWAGIAC, MI 49047**

