

SANDHILL CRANE

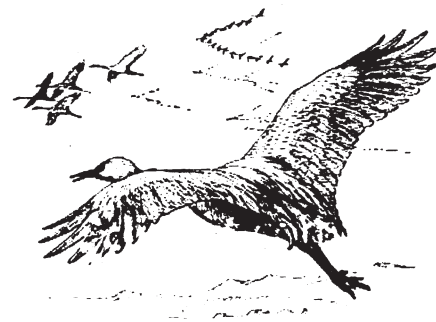
Trail 1/2 Marathon & 10K

Saturday, September 13, 2008

9:00 AM EDT

DR. T.K. LAWLESS PARK

Vandalia, Michigan



-INFORMATION-

The 1st Annual Sandhill Crane Trail 1/2 Marathon and 10K will be conducted at the beautiful Dr. T.K. Lawless Park just east of Vandalia, Michigan. The all trail, non repeat course will wind its way through this rustic, forested 820 acre Cass County park, located almost 36 miles southwest of Kalamazoo, Michigan and about 40 miles northeast of South Bend, Indiana. The course is rolling to hilly and involves several wood bridge crossing, small lakes and scenic sights, including sandhill cranes. Awards will be given to the top three finishers in 15 age groups. Colorful long sleeve t-shirts will also be awarded to all finishers. Walkers are also encouraged to enjoy this neat course.

-DIRECTIONS-

Dr. Lawless Park is easy to find. It is located just south of M-60, 3 miles east of Vandalia and 13 miles west of Three Rivers, Michigan. County Park signs will lead you to the park from M-60. The address for computer mail service is 15122 Monkey Run Street, Vandalia, MI 49095.

www.casscoroad.com/parks
www.cairnstoneadventuretours.com

Name _____

Address _____

City/ST/ZIP _____

Contact Phone # _____

Age: _____

Gender (circle) M F

Race (circle) 1/2 Mar 10K

T-shirt Size: _____

Amount Enclosed (entry fee)

\$ _____

\$20.00 Postmarked by Sept. 9

\$25.00 after Sept. 9

Race fee includes park entry



Make checks payable to:
Cairn Stone Adventure Tours
c/o Ron Gunn, Race Director
142 Confier Trail
Dowagiac, MI 49047

DISCOVER CASS COUNTY PARKS