



Coach Ron Gunn's
Cairn Stone Adventure Tours
Grand Canyon VI 2009

2009 Best of the West Travel Itinerary

9-24-09

ALL LOCAL TIME

DAY 1

SATURDAY, September 26, 2009

- 5:00 AM** Bus available for loading **[IMPORTANT: Everyone must be on time.** The bus must depart at 5:30AM to assure making our flight in time. No exceptions. And please park in the last row furthest from the building. If you miss the bus you will have to drive to O'Hare and park.
- 5:30 AM** Leave from **SMC – Niles Campus** parking lot aboard optional shuttle bus to O'Hare Airport – *the fun begins!* ([Map Link](#) Located on NE corner of US12 and M60 in Niles. US12 W. from Edwardsburg, on R just N of overpass. US12 E. take Edwardsburg exit, then L just over the overpass on R)
[TIME in IL = EDT -1HR]
- 10:05 AM** Leave Chicago O'Hare via American Flight #2481
[TIME in AZ = EDT -3HRS]
- 11:55 AM** Arrive Phoenix Sky Harbor Airport. Meet **Mesquite Bus.**
- 12:45 PM** Lunch in "University Town Area" of Arizona State University in Tempe
- 4:30 PM** Arrive in [Sedona](#), Arizona for hike at [Bell's Rock](#), and Courthouse Butte.
- 7:15 PM** Arrive at lodging: [La Quinta Inn](#), 2015 South Buelah Blvd., Flagstaff, AZ

DAY 2

SUNDAY, September 27, 2009

- 6:00 AM** Breakfast bar begins
- 9:30 AM** Load bus and leave for South Rim
- 11:00 AM** Arrive at the South Rim of the Grand Canyon. Lodging is at the [El Tovar](#) and the [Yavapai Lodge](#), Grand Canyon, AZ [Washer & Dryers at Mather Campground]
- 2:00 PM** Meet on Canyon side of the Bright Angel Lodge for short acclimation hike to Trailview Point
- 6:30 PM** Team Pasta Banquet at [Yavapai Lodge](#). .9 mile from El Tovar by foot or shuttle.

DAY 3

MONDAY, September 28, 2009

RIM TO RIVER TO RIM HIKERS (*S. KAIBAB trail to BRIGHT ANGEL trail*)

- 4:45 AM** Meet at Backcountry Office for **5:00 AM hikers express shuttle** to South Kaibab trailhead. [[Thom's South Rim Map](#)]

SOUTH RIM ½ MARATHON and PLATEAU POINT HIKERS

- 7:00 AM** Meet on the Canyon side of the Bright Angel Lodge

SOUTH RIM SHORT HIKERS

- 8:30 AM** Meet on the Canyon side of the Bright Angel Lodge

- 5:00 PM – 8:30 PM OPTIONAL:** Greet the triumphant below rim finishers on the Canyon side of the Bright Angel Lodge or at the trail head by the [Kolb Studio](#)
Rim to River to Rim hike finishers may want to gather to recharge and celebrate in the Bright Angel dining room with a meal and a cold drink before going to your room.



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DAY 4

TUESDAY, September 29, 2009

SOUTH TO NORTH RIM HIKERS

4:45 AM Meet at Backcountry Office for Express Shuttle to South Kaibab trailhead.

THE REST OF THE TEAM

10:00 AM Checkout and load bus at El Tovar Lodge.

10:20 AM Checkout and load bus at Yavapai Lodge

3:45 PM ETA for bus arrival at [North Rim](#) lodging. Pioneer Cabins, N. Rim Village, AZ

4:30 PM Meet at the fireplace of the Grand Canyon Lodge for hikes to Bright Angel Point and the Transcept Trail (.5 to 4 miles). Later we will congratulate the South to North Rim hikers!

5:00 – 9:00 PM OPTIONAL: Make your reservations for an unforgettable dinner in the majestic [lodge dining room](#) overlooking the Canyon (Call ahead **928.638.2611**)
Make them for after 7:00PM if going on the Coach's sundown hike.

DAY 5

WEDNESDAY, September 30, 2009

7:00 AM Elite extra effort hikers leave for the Ken Patrick challenging rim trail to Point Imperial (3.5 miles). Sightseers are also welcome to ride the bus and walk around Point Imperial, the highest point at the North Rim at 8800'

11:00 AM Check out and load bus.

11:20 AM Leave for hikes at either [Uncle Jim's Trail](#) (5 miles) or [Widforss Trail](#) (1.0 to 3.0 miles).

2:30 PM Lunch in the North Rim Canyon Village and another opportunity for a glorious lunch at the [Grand Canyon Lodge](#) dining room overlooking the Canyon.

3:45 PM Leave for, [Kanab](#), Utah.

6:00 PM ETA at lodging: [Quality Inn](#), Kanab, UT [Pool, Hot Tub, Washer & Dryers, Lobby Computer & In-Room Broadband available]

[TIME in UT = EDT -2HRS]

DAY 6

THURSDAY, October 1, 2009

6:00 AM Breakfast bar begins.

8:30 AM Check out and load luggage on bus.

10:30 AM Hike [Bryce Canyon](#) (1.5 to 5.0 miles).

2:00 PM Stop at [Bryce Canyon Lodge](#) for lunch.

3:15 PM Leave for Zion National Park.

5:15 PM ETA at lodging: [Majestic View Lodge](#), 2400 Zion Park Blvd., Springdale, UT 84767 [In-Room Wireless Internet and Washer & Dryers available on every floor]



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DAY 7

FRIDAY, October 2, 2009

- 6:30 AM** Catch Springdale shuttle in front of our hotel for the optional **West Rim Trail** hike (15.5 miles) Take 5 to 6L water.
- 9:00AM** Catch Springdale shuttle in front of our hotel for the optional **East Rim Trail** hike (10 or 14 miles). Take 4 to 5L water.

All Top to Bottom River Narrows Hikers will have to go to the Zion Adventure Company for orientation and equipment rental sometime during the day. Take 4L water on the hike.

All Up and Back River Hikers can go to the Zion Adventure Company for orientation and equipment rental anytime during the day. However, if you go early you can hike same day. Get your equipment then shuttle to the Riverwalk in the Park to hike as far as wanted. The river is cooling and the Narrows provides shade to offset the heat. Take at least 3L water.

The remainder of the group has the entire day to enjoy a smorgasbord of activities in Zion National Park and Springdale; Hike, bike, horseback ride, shop, relax by the pool, etc.

DAY 8

SATURDAY, October 3, 2009

TOP TO BOTTOM 16 MILE RIVER NARROWS HIKERS

- 6:30 AM** Catch the Springdale shuttle bus to Zion Adventure Company to catch the shuttle van to the trail head or to Chamberlain Ranch (about a 75 minute drive)

Up and Back River hikers should s **The remainder of the group** will have all day to enjoy Zion Park and Springdale.

DAY 9

SUNDAY, October 4, 2009

- 9:00 AM** Checkout and load bus for trip to Las Vegas.
[TIME in NV is EDT -3HRS]
- 9:30 AM** Rest stop in Mesquite, Nevada (home of #1 Mesquite Bus Co.).
- 11:15 AM** Arrive at *In N Out Burger* in Las Vegas for lunch
- 1:00 PM** Arrive at McCarran Airport – Las Vegas.
- 3:15 PM** Depart McCarran on American FL # 1708
[TIME in IL is EDT -1HRS]
- 8:45 PM** Arrive at Chicago O'Hare.
- 12:15 AM** ETA at SMC – Niles Campus (this is MONDAY AM).

Park Maps: [South Rim Canyon Village Map](#), (All notes) [Canyon Village Map](#), (note 1 & 2)
[South Rim Shuttle Map](#) (All notes) [Grand Canyon Area Map](#), (All notes)

Printing: **Note 1:** Print in landscape (wide view). **Note 2:** Print on legal size paper for full size park maps.
Note 3: Save and view this pdf file on your computer screen. View at 125% for better detail.

[Thom's Google Map](#) (view online)– Lodges and Trails at the South Rim – includes meeting locations, hotels, points of interest and trail stops on Bright Angel and South & North Kaibab.

[EXAMPLE]

TIME ZONES:	EDT (Eastern Daylight Time) time in Michigan & Indiana	EDT [5:00PM]
	CDT (Central Daylight Time) time in Illinois	EDT – 1HR [4:00PM]
	MDT (Mountain Daylight Time) time in Utah	EDT – 2HRS [3:00PM]
	MST (Mountain Standard Time) time in Arizona	EDT – 3HRS [2:00PM]
	PST (Pacific Daylight Time) time in Nevada	EDT – 3HRS [2:00PM]